



wish  
centre

# Trustee Pack 2021

*Effective  
Together*



# Lockdown Outcomes

During the pandemic Wish have been supporting young people in Harrow digitally through Therapy; Peer Support; and Youth Programs.  
We helped over 150 young people

**76.9%**  
stopped or significantly improved trauma reactions.

**80.0%**  
stopped or significantly reduced self harming.

**82.4%**  
significantly improved in emotional resilience.

**90.9%** who had suicide ideation stopped or significantly reduced.

**75.0%**  
improvement in risk of or impact from abuse.

**75.0%**  
depression & sadness stopped or significantly reduced.

**76.5%** anxiety & stress significantly improved.

**100.0%**  
improvement in safety from CSE.

**75.0%**  
significantly improved in coping mechanisms.

# Join us as a Trustee

We are looking for Trustee's who care about the issues and the community we support. We encourage applications from:

**Young women 18+;  
LGBTQ+;BAME; those  
with lived experiences  
of the issues we  
support.**

This is an exciting time to join our Trustee Board as we are continuing to develop our support services through the pandemic and beyond. We need resilient and mission driven Trustee's who have the time to get involved where needed. We want 50% of our Trustee Board to be young people with lived experience of the issues to ensure that we keep our focus on helping in the way that young people who self harm want and need.

Currently we are recruiting trustees with experience and knowledge in:

- **Digital marketing**
- **Youth sector**
- **Mental health**
- **Fundraising**
- **Education**



# Trustee Roles and Responsibilities

Trustees are the guardians of wish's mission, which is:  
To eliminate self harm, violence and abuse and to empower those affected through early intervention, prevention and recovery

Wish's Trustee Board are responsible for the oversight of wish's financial position including audit and risk management. They ensure that WISH funds are used wisely and in line with our aims and objectives. They formally approve wish's annual management accounts. They are responsible for the development and review of our operational policies.

## **Strategy and Policy Formation**

Wish's Trustee Board determine strategies to achieve our objectives. They approve new policy initiatives, strategically review and develop the organisation and approve a yearly budget



**It is expected that all Trustee's will contribute to wish through donations, raising funds and participating in events and campaigns.**

### **Time Commitment**

Trustees are required to work around 4 hours a month and to attend meetings and working groups. They are also required to commit an additional 2-4 hours a quarter in addition to reading board papers and other relevant documents. Four Board meetings are held a year, face to face or digitally, during working hours. An away day is usually held once a year and additional events such as AGMs, funder and media visits or optional project activities.

**In the event of closure for financial reasons, wish Trustees have a limited liability not exceeding £10.**

Trustees may need to sign legal documents, or if they become a signatory, cheques.

Trustee will have enhanced DBS checks and Induction will cover Confidentiality, GDPR and Conflicts of Interest. Trusteeship is on a 3 year tenure.

We do hope that you join us.

**Address:**

Registered Office: 85 Great Portland Street ·  
First Floor · London · W1W 7LT

**Telephone:**

020 3137 9044

**Email:**

[info@thewishcentre.org.uk](mailto:info@thewishcentre.org.uk)

**Website:**

[www.thewishcentre.org.uk](http://www.thewishcentre.org.uk)

**Social Media:**



@TheWISHCentre



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