



Psychotherapist for Young People, Harrow

2-3 days per week, flexible (can be term time only)

In person at our Centre in Harrow and in local schools

Salary: £40,000 per annum, pro rata including OLW

Location: In person at Harrow Schools and Colleges and at the **wish centre**, Cedars Youth & Community Centre, Harrow

Benefits: Full time or part time (flexible hours considered)

Paid external clinical supervision, internal safeguarding supervision and travel expenses.

28 days annual leave rising to 30 days after one year; 6% pension contribution

Start Date: September 2025. An earlier start date can be agreed for the right candidate.

Job Description

Do you care about young people and want to join a team making a real difference to their lives?

The **wish centre** is a local charity supporting children and young people ages 12-21 years who are self harming, anxious or depressed, or have experienced disordered eating, trauma or sexual abuse. We help them with one to one open ended psychotherapy, peer support groups, art therapy groups, and targeted youth work.

Every year we support over 100 young people. 90% stop self harming. 78% are from global majority backgrounds with the majority being female.

The wish centre also provides advice and training to frontline workers and the wider community.

The Role

We are seeking an experienced Psychotherapist who is passionate about working with young people to join our small team. You will be fully accredited and a qualified psychotherapist with relevant experience of working with children and young people. The role involves providing young people with individual in person open-ended psychotherapy.

The position involves working in local schools and colleges and at our centre in Harrow with a minimum of 4 clients a day. You will be required to participate in paid external clinical supervision and internal safeguarding supervision during your workdays.



There is also an opportunity to co facilitate our Art therapy or Self Harm Peer Support Groups for interested candidates.

The wish centre receives referrals for young people from schools, colleges, Children's Services, Health, community groups and additionally by parents/carers and self-referrals.

Main Duties and Responsibilities

As a Psychotherapist for young people you will:

1. Provide an individual therapeutic service in person for young people ages 12-21 years in local High schools/colleges or at our Centre and on occasion remotely via telephone and/or video sessions.
2. Manage a caseload of 4-6 clients a day: assess needs, keep and maintain necessary case files and records including inputting client data onto the wish centre database.
3. Follow our Safeguarding Procedures and report any concerns to the Lead Psychotherapist and/or Designated Safeguarding Lead. Encourage clients to disclose safeguarding issues and support them therapeutically through the process.
4. Participate in individual external clinical supervision, safeguarding and risk management and meetings.
5. Work closely with the Lead Psychotherapist and therapy team, engaging in triage, risk management meetings and peer supervision where needed.
6. Using an integrative approach, assess and review young people using a version of Young Person's Core to identify therapeutic outcomes around self harm, suicide ideation, trauma, anxiety, sadness, emotional resilience and coping strategies.
7. Generate quarterly case studies and manage client feedback surveys.
8. Attend internal and external meetings as required; representing the therapy team and providing clinical expertise where necessary to school staff and partners.



9. Maintain continuous professional development by undertaking training in accordance with new practice requirements as and when required. Adherence to the quality standards of BACP, UKCP, NICE and Rape Crisis England and Wales.

10. Work in line with the **wish centre** ethos, values, aims, objectives, policies and procedures at all times: promoting empowerment and modelling anti-oppressive and anti-discriminatory practices.

11. Strive to meet and exceed quality standards in relation to every aspect of the work to ensure that the wish centre maintains its distinctive positive reputation.

12. Take all possible steps to ensure the safety and confidentiality of young clients.

We are looking for the following:

1. Qualification in Psychotherapy – minimum Diploma level. Registered with BACP, UKCP or BPS
2. Minimum of 450 hours experience of clinical one to one therapeutic work with young people
3. 2 years' experience of psychotherapy with children and young people and an understanding of the issues of self harm and trauma
4. Ability to build connections with young people, assess their needs and have a young person-centred approach
5. Experience of safeguarding and identifying and managing risks
6. Computer literate including use of word and client database (training provided)
7. Commitment to the values and mission of the **wish centre**

Variation Clause

The **wish centre** reserves the right, following full and reasonable consultation with the member of staff concerned, to vary, add or alter any of the terms and conditions of employment.

If you are interested in applying for this opportunity to join our team, please complete our Application Form ([Application Form](#)). For any further information on this post please contact info@thewishcentre.org.uk